



INTERHELP

# IMPACT REPORT 2024

# OUR 2024 ACHIEVEMENTS

## Branding/Logo/Website

- We have a beautiful **new logo** and a **revamped website** with a simplified and fresh look to match our recently updated mission statement.

## Organizational Capacity

- We have been **making a transition from an exclusively volunteer-run organization to having some part time paid positions** with our Administrative Coordinator, Yaeli Bronstein and our Board President, Aravinda Ananda. Our administrative team has overseen Interhelp communications with newsletters, social media posts, our updated website and email accounts; organized program registration, promotion and tech support for events; and pursued development work with exploring grant opportunities and fundraising campaigns.

## Online Programs

- A **Winter seasonal session** on February 18th facilitated by Shea Riester
- A **Spring seasonal session** on April 29th facilitated by Anne Goodwin
- An ongoing **Ritual Grief Space** facilitated by Joseph Rotella launched on June 2nd, on alternating first Sundays of the month
- **Pop-up support events** as needed: **Climate Hour** with Janna Diamond on August 19; **Election Anxiety Support Circle** with Janna Diamond and Aravinda Ananda on November 4th
- A **Healing The Colonizer Mind workshop** with Louise Dunlap and Aravinda Ananda on May 19th, and a follow-up workshop series taking a deeper look at **Listening to the Land** on 9/22, **Ancestral Healing** on 10/20 and **Reparations** on 11/17

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*The seasonal sessions have offered opportunities for people to **experience Work That Reconnects** through a variety of facilitators. The ongoing ritual grief space has provided **ongoing opportunities to share grief within the context of community**. The pop-up events have provided **community support around specific topics**. The Healing the Colonizer Mind workshop series has provided opportunities through the spiral of the Work That Reconnects to **explore pathways toward healing** some of the harm of ongoing settler colonialism on Turtle Island.*

# OUR 2024 ACHIEVEMENTS

## Development

- We engaged a professional consultant (ELC alum Mary Tauras) to help with **grant writing** and are eager to apply for several grants in 2025.

## Northeast Hub Support

- Interhelp was pleased to help **publicize Work That Reconnects events** in the Northeast like daylong events facilitated by Natalie Johnson, Anne Goodwin, Rosalie Anders, John MacDougall and other leaders.

## Special Projects

Interhelp supported fundraising for:

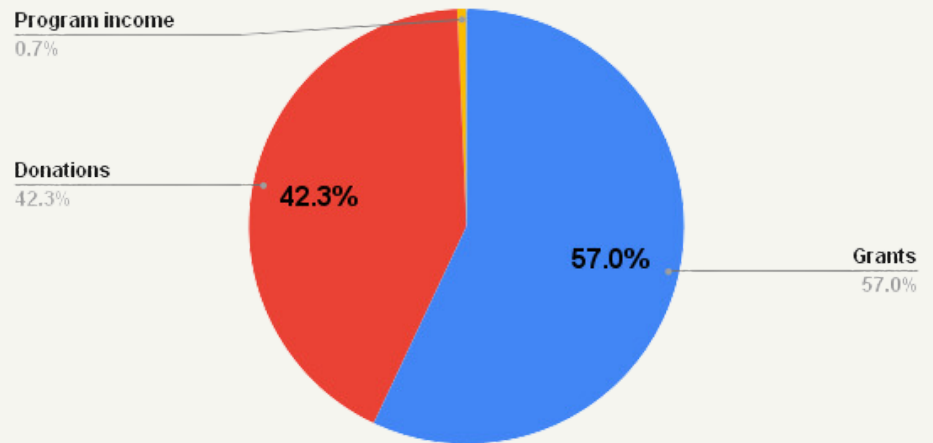
- Curriculum development for an **Anti-oppression foundations course** for Work That Reconnects facilitators
- An online **convening for experienced facilitators** to learn with one another about anti-oppression facilitation approaches
- A **forthcoming book** (New Society Publishers, 2025) exploring collective liberation adaptations and evolutions to facilitation of Work That Reconnects and related forms of group work.

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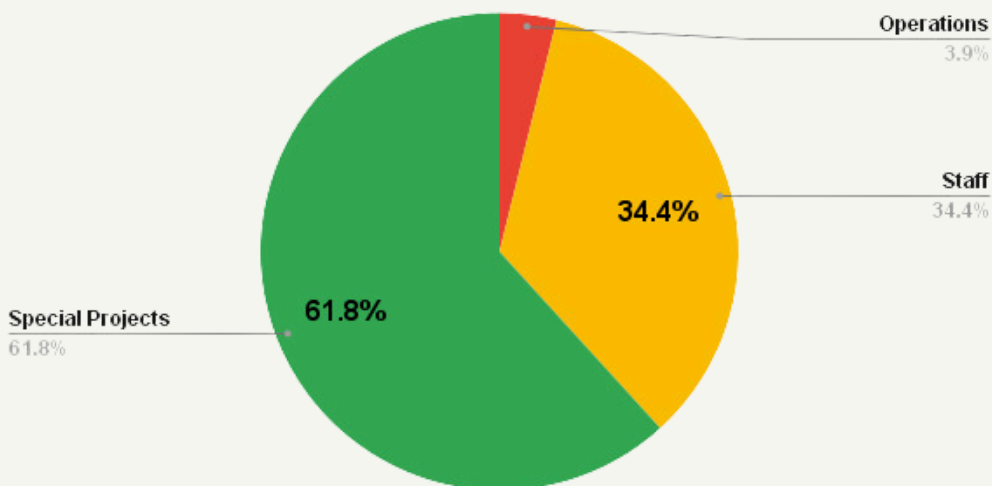
*These projects provide deeply valuable assets to **enhance people's capacity to show up for collective liberation**. Work done in 2024 to develop these resources sets the stage for a public launch of the foundations course in 2025 and for the book to be released in early 2026. A Social Location Mapping Wheel developed for the foundations course is now available as a resource on the Interhelp website. Stay tuned in 2025 for other free resources as a more extensive Resource Hub is developed on the Interhelp website!*

# FINANCES

## Total Revenue Fiscal Year 2023-2024\* \$78,935.77



## Total Expenditures Fiscal Year 2023-2024 \$46,870.22



\* While this Impact Report verbally describes activity in the 2024 calendar year, the Interhelp Fiscal Year runs July 1- June 30 and financial data is aggregated on that timeline.

It is worthwhile to note that the grants Interhelp received in the past fiscal year were all earmarked for special projects and thus not available for the general operating budget and thus it was donations that provided the bulk of funds for Interhelp’s general operating budget.

In 2024 we focused on trying out some different programs rather than on increasing program revenue. One of our major programs - the Healing the Colonizer Mind workshop series - did not charge a registration fee but instead encouraged participants to make a contribution to an Indigenous cause or organization. It is our hope that in 2025, we will be able to secure some grant funding for our general operating budget and also increase program revenue. Until that time, donations provide a critical part of our general operating budget.

# ACKNOWLEDGEMENTS

WITH THANKS TO:

Our **donors & community**



Our **colleagues** throughout the  
**Work That Reconnects**



The **Interhelp Board**



**Administrative staff**

The **web of life** that sustains us

Interhelp's modest budget has enabled us to accomplish a lot and we are enormously grateful for what was made possible because of the generosity of donors during our end-of-year matching fundraiser last year. It provided enough support to get Interhelp through the 2024 calendar year. We offer humble thanks to all, and a special thanks to the matching donor who donated \$20,000. This provided foundational support for Interhelp's growth and development.

We offer hearty thanks to our community and look forward to connecting more with you in 2025!

**Interhelp**

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**[interhelpnetwork.org](http://interhelpnetwork.org)**