**ACTIVE HOPE**

**An Introduction to the**

**Work That Reconnects**

**Saturday, May 20, 2017**

**9:30 am – 4:30 pm**

We live in an extraordinary moment on Earth. As we witness unprecedented destruction of ecological, biological, and social systems, we can feel overwhelmed by anger, fear and other difficult emotions. How can we remain resilient, creative, and empowered to act for the healing of our irreplaceable world?

The *Work That Reconnects,* developed by teacher/activist Joanna Macy and others,draws on deep ecology, systems theory, and engaged Buddhism. Practices include group meditations, ritual, conversation in pairs, dance, and song. We will explore spiritual, emotional and intellectual aspects of envisioning and creating a life-sustaining society.

**WHAT to expect from the workshop?**

* Practices in love and gratitude
* Acknowledgement of our pain for the world
* Sources of hope and insight
* Commitment to change, healing, and action
* Tools to take into your life

**WHO:** The workshop will be facilitated by members of the Boston-area Work That Reconnects Community of Practice

**WHERE:** Cambridge Cohousing 175 Richdale Ave (near Porter Square), Cambridge Mass.

**SUGGESTED DONATION**: **$5-$20**

**TO REGISTER:** Go to [https://actionnetwork.org/events/active-hope-an-introduction-to-the-work-that-reconnects-2/](https://actionnetwork.org/events/active-hope-an-introduction-to-the-work-that-reconnects-2/" \t "_blank) Please register early - space will be limited

**FOR MORE INFORMATION:**

* On the workshop: [WtR@houserock.org](mailto:wtr@houserock.org) or Patti Muldoon at 781-648-1019
* On the Work That Reconnects: [www.workthatreconnects.org](http://www.workthatreconnects.org)

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